

The
Dragonsdream

Club

Supporting Local Business and Raising funds for Local Charities

Milton Keynes
2012 Valentines Day
'Masquerade Ball'
Date and Venue in aid of 'MIND'
finalised.
"Inside Cover"

More Games and Puzzles for
our Younger Members In the
'Young Firebreathers'
Section and On-line



Introducing
Keech Cottage Childrens
Hospice. "Pages 6 & 7"

£2

October

www.thedragonsdreamclub.com

In Collaboration with



Milton Keynes
East, M1

and



Newport
Pagnell

JG Shaw Associates and The Dragonsdream Club

Presents

Friday 10th February 2012



A
Valentines
Venetian Style
'Masquerade Ball'

and
Auction

In the Carrington Suite

Holiday Inn

Milton Keynes East, (Jct 14 M1). London Road, Newport Pagnell,
Buckinghamshire. MK16 0JA

Enjoy an Unforgettable Romantic Evening of
Fabulous Entertainment *'Hollywood Style'*

Including

A 'Valentines Themed' Three Course Dinner

Red Carpet Arrival from 6-45pm'

'Canapés and a Welcome Glass of Bucks Fizz'

(Masquerade Mask is Obligatory)



raising funds in aid of



Reg Charity No
219830

Telephone
Enquires

01202 565172
(Or 24hr Mobile)
07775 441817

Full Details are available at
www.thedragonsdreamclub.com

Or Email
events@thedragonsdreamclub.com

Admission by
Ticket only

£49.99
Per person

Artwork is the property of JG Shaw Associates

Diary Dates

Sunday 9th October

The Royal Parks Half Marathon

Starting and finishing in Hyde Park, the beautiful 13.1 mile route races through four of London's stunning Royal Parks (Hyde Park, Kensington Gardens, The Green Park and St James's Park) and offers runners magnificent views of some of the capital's most iconic landmarks

<http://royalparkshalf.com>

Tuesday 11th October

400 in 4 Coast to Coast

On the 11th of October 2011, a combined team of 20 cyclists from the Royal Air Force's Battle of Britain Memorial Flight and Red Arrows Display Team will attempt to cross the UK at its widest point in just 4 days. .

The project aims to raise £50,000 to support both the Royal Air Force Association and the Fly2help scheme

Flight Lieutenant Jon Egging who was unfortunately killed at the Bournemouth Air Show was To take part in this challenge, Emma, Jon's wife, has said she will be riding in his place
The Ride will be now dedicated to the memory of Flight Lieutenant Jon Egging. 'Eggman'

<http://www.400in4.co.uk>

The Dragonsdream Booklet

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The Dragons Corner



Hello Everyone

Well its now officially Autumn,
Starts on 22nd/23rd August.

Its a month into the first time at school for some and for others it's the start of the another 2 or 3 years of study to achieve that Degree

So to everyone The Dragon wishes you good luck and success in your studies.

Last month we featured a new fund; Shacks Barn and Buckinghams Riding for the Disabled.

This fund was nominated by one of our members. It is these unknown local funds that need help. so we are relying on you our members to help us raise their profiles. So please keep these suggestion coming in and we will feature them in the booklet in the relevant county sections.

Also don't forget as a member if you are taking part in any event or organising one. Please let us know and you can advertise it In the booklet and on the website, just email us with all the details ,and quote your membership number and name.

please email us at
yourview@thedragonsdreamclub.com

Best Wishes

The Dragon



How to contact us


Please look at the list below and use the address applicable.
Also please feel free to call us at anytime if you have anything that concerns you.

To contact us by Email -

Club Admin	info@thedragonsdreamsclub.com
Membership enquiries	membership@thedragonsdreamclub.com
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www.thedragonsdreamclub.com

Wiltshire

Wiltshire Air Ambulance

The only Air Ambulance currently in
the UK
That is able to fly 19 hours a day, 365
days a year

Charity no 1043628



By 2015 the Wiltshire Air Ambulance will need 2million a year to keep flying

The Wiltshire Air Ambulance Appeal, which has always been under the control of the NHS-funded Great Western Ambulance Service, is to become a separate charity next month.

A year ago the ambulance service appointed air ambulance specialist and consultant David Philpott as chairman of the appeal with a remit of turning the air ambulance arm into an independent charity. Now he hopes to secure charitable status from the Charity Commission in September.

The £1.2m currently held in the Wiltshire air Ambulance Appeal's Reserves is earmarked for the remainder of the contract, which runs until December 2014.

These reserves will cover 31 of the remaining 42 months so the new charity will have to raise the remaining £440,000 needed to cover the contract until then.

From 2015 the new charity will have to fund the cost of a stand-alone helicopter. Fundraising income will need to increase from **£750,000 a year to £2m** to cover this

To find out more about how to support
The Wiltshire Air Ambulance please go to
www.wiltshireairambulance.co.uk



The Ambulance
that can reach
anywhere in
Wiltshire within
15 minutes





Children's Hospices UK exists to give voice and support to all 45 children's hospices and the children and families who use their unique services. .
Children's Hospices UK want the best possible care for children and young people who are not expected to reach adulthood and their families.

This month we tell you all about Keech Hospice Care

The Children's Hospice that provides palliative and end-of-life care for children and young people living in **Bedfordshire, Hertfordshire and Milton Keynes.**

In 1986 the idea of a hospice for terminally ill adults in South Bedfordshire was instigated by Dr. 'Wink' White, a local retired GP.

After five years of planning and fundraising, what was then called the Luton & South Bedfordshire Hospice was built on land generously donated by Mrs Betty Robinson and became operational in April 1991.



The building was later extended to create a new, purpose-built day hospice.. In 1997, the charity launched a £3 million appeal to build a second hospice for children with life-limiting illnesses and their families, initially from Bedfordshire and Hertfordshire. Today the children's hospice also cares for children in Milton Keynes. Land for the building was again given by Mrs Robinson, a local businessman, Mr Dennis Keech, boosted the appeal with a £1 million donation.

Keech Cottage Children's Hospice was officially opened by HRH The Princess Royal in March 2000. Since then, the charity has continued to develop and improve the services it offers to patients and their families across both hospices. In 2002, work on a specialist hydrotherapy pool was completed, linking the two hospices together. In the same year, the organisation was renamed 'The Pasque Charity'.

The name, was chosen with the locally grown Pasque flower in mind, the children's hospice retained its association with its major benefactor with the name Keech Cottage.



www.thedragonsdreamclub.com

On 1st October 2009, the charity changed its name to 'Keech Hospice Care'. Working under the umbrella name 'The Pasque Charity' with two separate names for each hospice had been problematic and confusing. The new name was chosen to reflect the strongest elements of the charity's previous identities – Keech because this was highly recognised in the community; Hospice because this clearly describes the charity's work; and Care because this is at the centre of the hospice's values. From that first germ of an idea back in 1986, Keech Hospice Care today has grown into one of the region's most respected and supported charities.

The children's hospice service supports families from across Bedfordshire, Hertfordshire and Milton Keynes with a child or young person diagnosed with a life-limiting condition. offering medical and social care, emotional support and friendship to the whole family, throughout the child's illness and after their death, for as long as it is needed. This care is available in-house at the charity's bright and comfortable children's hospice near Luton, or via our community nursing team at the family home.

Keech Hospices aim is to help families make the most of the precious time they have left with their child. With many facilities and Groups such as Tots and Toys for ages 0 –5yrs, Peer to Peer (a lads group), Young Peer to Peer (a group for 5 –12 yr old lads), and also Girls Aloud a girls group that meet during the school holidays.

Then there is Sparklers, This is a pre- and post-bereavement sibling support group for children aged 5-12 who have a sibling accessing the hospice. It runs every 2 months on a Saturday from 10am-1pm. Activities are provided by trained staff to help children explore this sensitive issue.

Also available is

Children's day care service

Keech offer this service for children who meet the Keech criteria and who are unable to access education .

For further information please contact the Children's Services Manager, Jeanette Farrow on 01582 497667 or email her at jfarrow@keech.org.uk.

Keech offer many services for children and young people at the hospice. Groups are available to young people who meet our care criteria. If you are unsure of how to meet the criteria please call the Children's Community Service Manager, Michelle Farish on 01582 497866 or email mfarish@keech.org.uk.

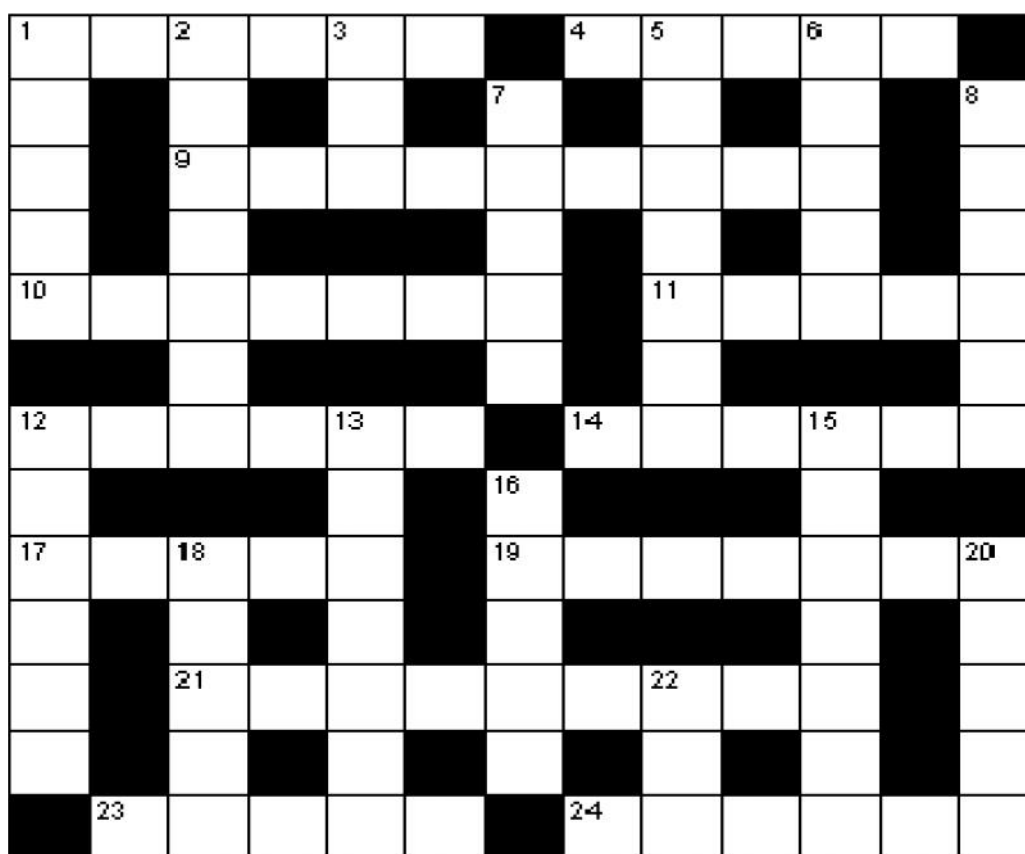
Please visit their website <http://www.keech.org.uk>

Last year thousands of children and their families were helped by Children's Hospices. Please support us so that together we can ensure that these children and their families have the care and support they need for every step of their journey.

Visit www.childhospice.org.uk to find out more.



£15 Prize Crossword
First correct solution received



Across

1. Bank employee, who can say (6)
4. Balance found in muesli bran (5)
9. Crumbling old places fell down (9)
10. Not as old as that confused Reno guy (7)
11. Plenty of land in tarmac resort (5)
12. Opposed to poetry (6)
14. Purloins duck between beginning and end of shifts (6)
17. Last letter in some game (5)
19. Tolerates some token duress (7)
21. Alter code when moved (9)
23. One of the Earps, sounds interrogative at first (5)
24. Shuffle a paper then come into view (6)

Down

1. Sum up tall youth, essentially (5)
2. Let cure become a lesson (7)
3. Find a fish in a wee lake (3)
5. Begins tantrum in a moment (7)
6. Palindrome instrument (5)
7. Found in large scale drama crowd (5)
8. Hesitates to use spa turbulence (6)
12. Committee on a ship (6)
13. Evidence of injury, allow for redness (7)
15. Shorten a river crossing (7)
16. Serenity, sounds like part of something greater (5)
18. Nobleman with ponytail is before his time (5)
20. Grasp earnest weapon, essentially (5)
22. High point found in octopus (3)

Closing Date for Entries 1st November



Send to Crossword Competition
The Dragonsdream Club, 82 Bayard Avenue,
Downs barn, Milton Keynes MK14 7LN

Young Firebreathers Club

Welcome to our younger members of The Dragonsdream Club.

These four pages of the booklet can be removed for our younger members

Don't forget

There are even more competitions and games on the website

Closing date for all competition entries is 1st November

Winners of the Colouring Competition for Issue 6

Ages 7 to 12— Omkar Chandorkar. 'West London'

There were no entries in the age group up to 6 for Issue 6

Don't forget you don't need to post your entries, just scan and email your finished picture to competitions@thedragonsdreamclub.com

As it is Halloween at the end of this month we are giving you some ideas for Halloween Parties.

Also Please **REMEMBER**. If you go out 'Trick or Treating' please make sure you go with a **Responsible Adult** and '**NOT BY YOURSELVES**' **This is important as not all people like 'Trick or Treaters'** and a **Group with an adult supervising them will be more acceptable**

This is one activity that you can have fun with at your party

Swinging Apples

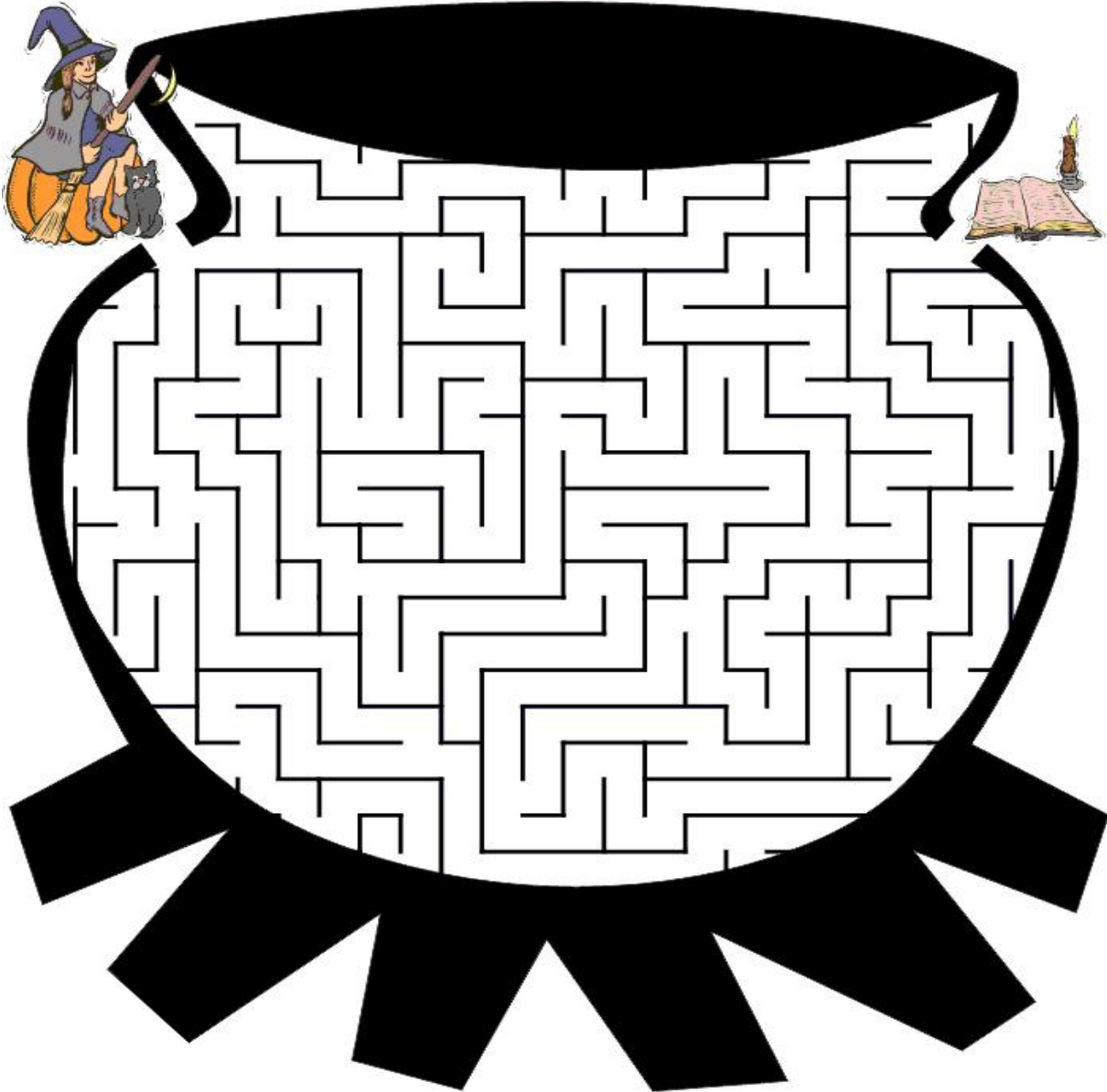
You will need: apples; string.

A drier variant on apple bobbing! Tie string around each apple stem and hang the apples from a doorway. The children can then take turns biting into the swinging fruit while keeping their hands behind their backs! For a sweeter alternative, hang ring doughnuts from the string instead of apples



www.thedragonsdreamclub.com

Help the Witch find her way through the Maze to her Potion Book



Don't forget there are a lot more things to do
and more

Competitions in the ONLINE
_Young Fire breathers Club

'Ask your parents for their permission to enter'



They are all free and some games are Playable On-line
so please make sure you have your parents
Permission to play them.

Colouring Competition



Fill in your details below and post to 'The Marathon Dragon'
The Dragonsdream Club, 82 Bayard Avenue, Downs Barn, Milton Keynes. MK14 7LN
Or Scan the image and email to competitions@thedragonsdreamclub.com

Name _____

Address _____

Postcode _____

Members No _____

Age Up to 6 6 - 12

Colour the picture
The Best Entries from
each age group
Will receive a gift
token

Closing Date
for
Entries
1st
November



11

WORDSEARCH

Halloween

Can you find the hidden words? They may be horizontal, vertical, diagonal, forwards or backwards
(Cross them out as you find them)

O R T U S A R I V L E F E S
T T E N A K C G L G R T C C
G A S T E R E I T A S N I A
C N T I M L N L N H O R U R
E I I A E U O K E R S E J E
M L E N S G E V D T D T E C
E B W E T N R L E N O S L R
T O G A S H U E O L A N T O
E G I T S A G L T S A O E W
R U E O C N X I H L U M E N
Y I D O B A I T L I O A B P
N F A M I L I A R N A P M T
E T E H C A M F H A J I U O
N I A H M A S T S C Y T H E

OUIJA	LIGHTNING	POLTERGEIST	CAULDRON	MONSTER
LINUS	CEMETERY	BEELEJUICE	SCARECROW	MACHETE
GOBLIN	FAMILIAR	MALEVOLENT	MAUSOLEUM	SCYTHE
ELVIRA	SAMHAIN	FRANKENSTEIN	CHAINSAW	SKELETON

Can you work out the answer to these
Riddles?

1. What kind of bees live in graveyards
2. What is a mummy's favourite music?
3. Why does Dracula have no friends?



The Dragons Moneysaving tips

To get an ink stain out, spray ultra-hold hairspray on the stain, let it dry, then wash like normal. (Don't be afraid of putting too much hairspray on the stain.)

To Keep FRESH FLOWERS longer use the mineral drink 7-up instead of water! (This does work I have tried it)


Candles will last a lot longer if placed in the freezer for at least 2 hours prior to burning. (great for a romantic evening)

DCS

Construction Ltd

David Carr

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Herts EN7 5AX
Telephone/Fax: 01992 410 238



If You would like to advertise your business in the Booklet, we do offer very competitive rates and as it is locally distributed, it is ideal for local business,

plus you get FREE internet advertising on The Dragonsdream Website

Call 01202 565172 / 01908 670637 Mobile 07775 441817
Or email adz@thedragonsdreamclub.com for details.



The Story of Halloween (October 31st)

Halloween is one of the oldest holidays with origins going back thousands of years. The holiday we know as Halloween has had many influences from many [cultures](#) over the centuries. From the Roman's Pomona Day, to the Celtic festival of [Samhain](#), to the Christian holidays of All Saints and All Souls Days.

Hundreds of years ago in what is now Great Britain and Northern France, lived the [Celts](#). The Celts worshipped nature and had many gods, with the sun god as their favourite. It was "he" who commanded their work and their rest times, and who made the earth beautiful and the crops grow.

The Celts celebrated their New Year on November 1st. It was celebrated every year with a festival and marked the end of the "season of the sun" and the beginning of "the season of darkness and cold."

On October 31st after the crops were all harvested and stored for the long winter the cooking fires in the homes would be extinguished. The [Druids](#), the Celtic priests, would meet in the hilltop in the dark oak forest (oak trees were considered sacred). The Druids would light new fires and offer sacrifices of crops and animals. As they danced around the the fires, the season of the sun passed and the season of darkness would begin.

When the morning arrived the Druids would give an ember from their fires to each family who would then take them home to start new cooking fires. These fires would keep the homes warm and free from evil spirits.

The November 1st festival was called Samhain (pronounced "sow-en"). The festival would last for 3 days. Many people would parade in costumes made from the skins and heads of their animals. This festival would become the first Halloween.

During the first century the Romans invaded Britain. They brought with them many of their festivals and customs. One of these was the festival know as Pomona Day, named for their goddess of fruits and gardens. It was also celebrated around the 1st of November. After hundreds of years of Roman rule the customs of the Celtic's Samhain festival and the Roman Pomona Day mixed becoming 1 major fall holiday.

The next influence came with the spread of the new Christian [religion](#) throughout Europe and Britain. In the year 835 AD the Roman Catholic Church would make November 1st a church holiday to honor all the saints. This day was called All Saint's Day, or Hallowmas, or All Hallows. Years later the Church would make November 2nd a holy day. It was called All Souls Day and was to honor the dead. It was celebrated with big bonfires, parades, and people dressing up as saints, angels and devils.

But the spread of Christianity did not make people forget their early customs. On the eve of All Hallows, Oct. 31, people continued to celebrate the festivals of Samhain and Pomona Day. Over the years the customs from all these holidays mixed. October 31st became known as All Hallow Even, eventually All Hallow's Eve, Hallowe'en, and then - Halloween.

The Halloween we celebrate today includes all of these influences, Pomona Day's apples, nuts, and harvest, the Festival of Samhain's black cats, magic, evil spirits and death, and the ghosts, skeletons and skulls from All Saint's Day and All Soul's Day



Some Favourite Halloween Party Recipes from The Dragon

Marshmallow Ghosts

Ingredients

Flour for rolling
600g/1lb 5oz ready-to-roll icing
24 marshmallows
Food colouring pens



Method:

Dust a board and rolling pin with corn flour and roll the icing out until it's the thickness of a pound coin. Cut into 11cm/4½ inch rounds. Stack the marshmallows on top of each other in pairs and drape a round of icing over each stack to make a ghost. Draw a face on each with the food colouring pens.

If you want to rustle up something really quick but still look impressive, try making these little Halloween treats:

Monster Eyes

Cut boiled eggs in half adding a raisin in the centre and use red food colouring for the veins!

Bats/Witches Blood

Mix cranberry juice and orange juice, red grape juice or Ribena to make a yummy blood **curdling drink**.

Witches Fingers

Cook some chicken/fish goujons or fish/veggie fingers and stick a finger nail (a piece of flaked almond) on to the end of each finger using a little bit of cream cheese. Alternatively cut pizzas into finger shapes and add a slice of pepper on the end for finger nails!

Green Slime

Make up a packet of lime jelly and leave to set. When set, mash it up with a fork and put in a bowl. Decorate with gummy worm sweets.



North London



Neuroblastoma Children's Cancer Alliance
3-4 Sentinel Square
Brent Street
London NW4 2EL

What we do

We help children and families affected by neuroblastoma by providing financial assistance for children's treatment.

We help parents, families, friends and communities raise funds to support the treatment of children suffering from the disease

About a hundred children are diagnosed each year in the UK. The prognosis for babies and children affected by neuroblastoma varies greatly. Unfortunately the largest group of patients fall into the 'high-risk' category where despite intensive treatment, the majority are not cured.

Specialists in America and Europe are working together, sharing information and trialling different treatments in different countries. A range of different treatments using special antibodies are being trialled in Europe—including the UK—and the USA.

The Neuroblastoma Alliance funds their treatment abroad which is why we need your support .

www.childrenscancer.org.uk

Also The Dragons British 10K Donation Page is open for a further month

if you would like to donate on-line to this Charity

<http://uk.virginmoneygiving.com/MarathonDragon>

A business card for Angle Builders Limited. The card has a white background with a green curved graphic on the right side. The text on the card includes the company name "anglebuilders limited" in a green and grey font, the name "Mark Gallagher" and title "Project Manager", contact information for mobile, office, and email, and the address "49 Highbridge Street, Waltham Abbey, Essex.EN9 1DB" along with the website "www.angle-builders.com".

anglebuilders
limited

Mark Gallagher
Project Manager

Mobile: 0787 235 0779
Office: 01992 715 614
E-mail: mark@angle-builders.com

49 Highbridge Street.
Waltham Abbey, Essex.EN9 1DB
www.angle-builders.com



Answers to page 12 Riddles

- 1, Zom-bees.**
- 2. Wrap.**
- 3. Because he is a pain in the neck.**

Buckinghamshire



About Mind

As the leading mental health charity for England and Wales,
Mind is a force for change.

Mind is both a [local and national network](#). Through this network they work with around 250,000 people every year

With **one in four** people likely to experience a mental health problem every year it is critical that we raise awareness and promote good mental health for the benefit of all members of society.

For over more than 60 years Mind has worked to improve the lives of all people with experience of mental health problems.

Mind helps people to take control over their mental health. We provide information and advice, training programmes, grants and services through our network of local Mind associations. We do all this to make it possible for people who experience mental distress to live full lives, and play their full part in society.

[Support Mind](#) to help us keep our independence.

Visit the Website www.mind.org.uk

**Don't forget to book your tickets early for the
Valentines Masquerade Ball in aid of 'Mind'
(See Inside Front Cover for details)**

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